

Forth Valley Protocol 17 October 2015

Heat 1		Group 3			Round 1 Heats		Dist 400m	
No.	Name	Club	Pos	Time				
41	Freddie Polak	NOT	1	53.09				
70	Chloe Cameron	AYR	2	55.97				
159	Joseph Armstrong	ALD	3	57.15				
111	Emma Thomson	AYR	4	1.18.88				

Heat 3		Group 2			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
250	Niall Treacy	MOH	1	1.26.60				
131	Deborah Johnston	AYR	2	1.42.92				
40	Samantha Mair	AYR	3	2.05.70				

Heat 5		Group 2			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
274	Holly Hoyland	NOT	1	1.30.96				
110	Jay Clements	SHF	2	1.39.27				
302	Sophie Robertson	NOT	3	1.47.93				
4	Hannah Grant	ALT	4	1.48.09				

Heat 7		Group 1			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
286	Charlotte Hayward	MOH	1	1.27.94				
9	Stewart Logan	FV	2	1.35.17				
81	Billy Mair	AYR	3	1.39.75				
26	Collette Norwood	FV	4	1.46.71				

Heat 9		Group 1			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
165	Steve Humber	MOH	1	1.28.39				
64	Michael Mackay	AYR	2	1.30.26				
144	Laurence Burns	FV	3	1.35.57				
28	Billy McArthur	FV	4	1.48.36				

Heat 11		Heats		
	NO Race			

Heat 2		Group 3			Round 1 Heats		Dist 400m	
No.	Name	Club	Pos	Time				
4	107 Arty Clarey	NOT	1	1.03.73				
2	61 Lorna Johnston	AYR	2	1.05.30				
lane 3	66 Hollie Robertson	NOT	3	1.09.95				
1	65 Jack Weedon	ALD	4	NTT				

Heat 4		Group 2			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
2	255 Olivia Weedon	ALD	1	1.32.47				
3	125 Johanco Veldsman	SHF	2	1.43.82				
lane 1	15 Matt Gardner	SHF	3	1.44.89				

Heat 6		Group 2			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
2	290 Theo Collins	ALD	1	1.25.78				
1	49 Kyle Ross-Waddell	NOT	2	1.26.72				
3	88 David Robles-Thome	FV	3	1.27.62				
4	146 Isaac Hurley	NOT	4	1.39.60				

Heat 8		Group 1			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
4	17 Alan Dobbie	FV	1	1.25.80				
2	297 Nigel Winstanley	ALT	2	1.30.02				
1	211 Claire Pirie	FV	3	1.43.80				
3	152 Rebecca Hull	AYR	4	1.44.43				

Heat 10		Group 1			Round 1 Heats		Dist 800m	
No.	Name	Club	Pos	Time				
4	1 Roy Walker	AYR	1	1.27.11				
1	120 Luke Smallman	FV	2	1.27.74				
3	169 Alan Bowstead	FV	3	1.43.69				
2	7 Lloyd Duncan	ALD	4	1.52.48 F				

Heat 12		Novices			Round 1 Heats		Dist 200m	
No.	Name	Club	Pos	Time				
1	906 Robyn Hendrix	FV	1	29.62				
3	901 Sean Farrell	AYR	2	31.02				
2	905 Erin Cowie	FV	3	31.09				
4	909 Lily Logan	FV	4	41.79				
5	908 Brodie Hamilton	FV	5	44.74				

Heat 13		Round 2 Heats		
Group 3		Dist 400m		
No.	Name	Club	Pos	Time
41	Freddie Polak	NOT	1	51.82
61	Lorna Johnston	AYR	2	53.43
70	Chloe Cameron	AYR	3	54.42
43	Martin Rutherford	FV	4	56.34
65	Jack Weedon	ALD	5	1.10.39

Heat 14		Round 2 Heats		
Group 3		Dist 400m		
No.	Name	Club	Pos	Time
lane 3	159 Joseph Armstrong	ALD	1	58.19
4	107 Arty Clarey	NOT	2	59.39
lane 1	66 Hollie Robertson	NOT	3	1.09.03
2	111 Emma Thomson	AYR	4	1.22.76

Heat 15		Round 2 Heats		
Group 2		Dist 800m		
No.	Name	Club	Pos	Time
250	Niall Treacy	MOH	1	1.25.08
290	Theo Collins	ALD	2	1.29.47
125	Johanco Veldsman	SHF	3	1.40.34
302	Sophie Robertson	NOT	4	1.47.12

Heat 16		Round 2 Heats		
Group 2		Dist 800m		
No.	Name	Club	Pos	Time
3	255 Olivia Weedon	ALD	1	1.34.35
1	146 Isaac Hurley	NOT	2	1.41.49
4	4 Hannah Grant	ALT	3	1.45.32
2	131 Deborah Johnston	AYR	4	1.47.77

Heat 17		Round 2 Heats		
Group 2		Dist 800m		
No.	Name	Club	Pos	Time
274	Holly Hoyland	NOT	1	1.30.35
88	David Robles-Thome	FV	2	1.31.00
15	Matt Gardner	SHF	3	1.43.70
40	Samantha Mair	AYR	4	2.06.35

Heat 18		Round 2 Heats		
Group 2		Dist 800m		
No.	Name	Club	Pos	Time
3	49 Kyle Ross-Waddell	NOT	1	1.28.35
1	110 Jay Clements	SHF	2	1.34.79
2	102 Lucy Philipen	FV	3	2.02.58

Heat 19		Round 2 Heats		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
286	Charlotte Hayward	MOH	1	1.26.92
297	Nigel Winstanley	ALT	2	1.31.34
144	Laurence Burns	FV	3	1.33.54
169	Alan Bowstead	FV	4	1.45.53

Heat 20		Round 2 Heats		
Group 2		Dist 800m		
No.	Name	Club	Pos	Time
4	17 Alan Dobbie	FV	1	1.26.15
5	1 Roy Walker	AYR	2	1.26.70
1	28 Billy McArthur	FV	3	1.45.79
2	26 Collette Norwood	FV	4	1.47.50

Heat 21		Round 2 Heats		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
64	Michael Mackay	AYR	1	1.30.85
7	Lloyd Duncan	ALD	2	1.32.38
9	Stewart Logan	FV	3	1.32.96
152	Rebecca Hull	AYR	4	1.45.02

Heat 22		Round 2 heats		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
2	165 Steve Humber	MOH	1	1.26.10
4	120 Luke Smallman	FV	2	1.27.38
3	211 Claire Pirie	FV	3	1.38.00
1	81 Billy Mair	AYR	4	1.39.35

Heat 23		Dist 300m		
No.	Name	Club	Pos	Time
	No Race			

Heat 24		Novices		
		Dist 300m		
No.	Name	Club	Pos	Time
2	906 Robyn Hendrix	FV	1	43.45
3	901 Sean Farrell	AYR	2	45.62
1	905 Erin Cowie	FV	3	45.89
5	909 Lily Logan	FV	4	1.05.54
4	908 Brodie Hamilton	FV	5	1.05.64

Heat 25		Round 3 Heat		
Group 3		Dist 400m		
No.	Name	Club	Pos	Time
41	Freddie Polak	NOT	1	52.48
70	Chloe Cameron	AYR	2	54.34
43	Martin Rutherford	FV	3	58.50
65	Jack Weedon	ALD	4	1.09.87
61	Lorna Johnston	AYR	5	1.13..16

Heat 27		B Semi's		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
146	Isaac Hurley	NOT	1	1.01.55
302	Sophie Robertson	NOT	2	1.03.61
4	Hannah Grant	ALT	3	1.14.37

Heat 29		A Semi's		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
250	Niall Treacy	MOH	1	1.01.37
290	Theo Collins	ALD	2	1.02.69
49	Kyle Ross-Waddell	NOT	3	1.02.94
125	Johanco Veldsman	SHF	4	1.14.53

Heat 31		B Semi's		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
7	Lloyd Duncan	ALD	1	1.35.39
81	Billy Mair	AYR	2	1.39.22
26	Collette Norwood	FV	3	1.45.88
169	Alan Bowstead	FV	4	1.47.45

Heat 33		A Semi's		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
17	Alan Dobbie	FV	1	1.24.57
1	Roy Walker	AYR	2	1.28.19
9	Stewart Logan	FV	3	1.30.54
64	Michael Mackay	AYR	Pen	

Heat 35		Round 3		
Novices		Dist 200m		
No.	Name	Club	Pos	Time
906	Robyn Hendrix	FV	1	30.87
901	Sean Farrell	AYR	2	36.92
905	Erin Cowie	FV	3	37.58
909	Lily Logan	FV	4	NTT
908	Brodie Hamilton	FV	5	NTT

Heat 26		Round 3 Heat		
Group 3		Dist 400m		
No.	Name	Club	Pos	Time
4	107 Arty Clarey	NOT	1	53.87
lane 3	159 Joseph Armstrong	ALD	2	59.20
1	66 Hollie Robertson	NOT	3	1.06.78
2	111 Emma Thomson	AYR	4	1.26.53

Heat 28		B Semi's		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
2	131 Deborah Johnston	AYR	1	1.05.82
3	15 Matt Gardner	SHF	2	1.11.11
1	102 Lucy Philipen	FV	3	1.14.22
4	40 Samantha Mair	AYR	4	1.18.40

Heat 30		A Semi's		
Group 2		Dist 500m		
No.	Name	Club	Pos	Time
lane 4	274 Holly Hoyland	NOT	1	53.05
3	255 Olivia Weedon	ALD	2	53.26
1	88 David Robles-Thome	FV	3	53.44
2	110 Jay Clements	SHF	4	56.22

Heat 32		B Semi's		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
1	211 Claire Pirie	FV	1	1.37.15
4	152 Rebecca Hull	AYR	2	NTT
lane 3	28 Billy McArthur	FV	3	1.44.52
2	144 Laurence Burns	FV	Pen	

Heat 34		A Semi's		
Group 1		Dist 800m		
No.	Name	Club	Pos	Time
4	286 Charlotte Hayward	MOH	1	1.25.11
2	165 Steve Humber	MOH	2	1.25.45
1	120 Luke Smallman	FV	3	1.26.65
3	297 Nigel Winstanley	ALT	4	1.28.23

Heat 36		Round 3		
		Dist 200m		
No.	Name	Club	Pos	Time
	No Race			

Heat 37				
Novice		round 4		
		Dist 200m		
No.	Name	Club	Pos	Time
906	Robyn Hendrix	FV	1	29.09
905	Erin Cowie	FV	2	29.82
901	Sean Farrell	AYR	3	NTT
909	Lily Logan	FV	4	41.41
908	Brodie Hamilton	FV	5	47.52

Heat 39				
Group 3		B Final		
		Dist 400m		
No.	Name	Club	Pos	Time
61	Lorna Johnston	AYR	1	54.93
43	Martin Rutherford	FV	2	58.25
66	Hollie Robertson	NOT	3	1.08.11
65	Jack Weedon	ALD	4	1.09.27
111	Emma Thomson	AYR	5	1.20.98

Heat 41				
Group 2		D Final		
		Dist 500m		
No.	Name	Club	Pos	Time
4	Hannah Grant	ALT	1	1.07.62
40	Samantha Mair	AYR	2	1.13.99
102	Lucy Philipen	FV	3	1.15.09

Heat 43				
Group 2		B Final		
		Dist 500m		
No.	Name	Club	Pos	Time
88	David Robles-Thome	FV	1	1.06.93
110	Jay Clements	SHF	2	1.08.07
125	Johanco Veldsman	SHF		DNS

Heat 45				
Group 1		D Final		
		Dist 800m		
No.	Name	Club	Pos	Time
144	Laurence Burns	FV	1	1.37.29
28	Billy McArthur	FV	2	1.43.36
169	Alan Bowstead	FV	3	1.45.84
26	Collette Norwood	FV	4	1.46.49

Heat 47				
Group 1		B Final		
		Dist 800m		
No.	Name	Club	Pos	Time
120	Luke Smallman	FV	1	1.27.56
297	Nigel Winstanley	ALT	2	1.30.42
9	Stewart Logan	FV	3	1.30.45
64	Michael Mackay	AYR	4	1.35.31

Heat 38				
		Round 4		
		Dist 200m		
No.	Name	Club	Pos	Time
3				
2	No Race			
1				

Heat 40				
Group 3		A Final		
		Dist 400m		
No.	Name	Club	Pos	Time
1	41 Freddie Polak	NOT	1	50.62
2	107 Arty Clarey	NOT	2	51.93
3	70 Chloe Cameron	AYR	3	54.20
4	159 Joseph Armstrong	ALD	4	54.21

Heat 42				
Group 2		C Final		
		Dist 500m		
No.	Name	Club	Pos	Time
1	146 Isaac Hurley	NOT	1	1.00.61
2	302 Sophie Robertson	NOT	2	1.01.88
3	15 Matt Gardner	SHF	3	1.02.15
4	131 Deborah Johnston	AYR	4	1.03.91

Heat 44				
Group 2		A Final		
		Dist 800m		
No.	Name	Club	Pos	Time
1	250 Niall Treacy	MOH	1	NTT
2	49 Kyle Ross-Waddell	NOT	2	1.25.47
3	255 Olivia Weedon	ALD	3	1.25.66
4	290 Theo Collins	ALD	4	1.25.84
5	274 Holly Hoyland	NOT	5	NTT

Heat 46				
Group 1		C Final		
		Dist 800m		
No.	Name	Club	Pos	Time
1	7 Lloyd Duncan	ALD	1	1.33.46
2	211 Claire Pirie	FV	2	1.38.67
3	81 Billy Mair	AYR	3	NTT
4	152 Rebecca Hull	AYR	4	1.47.34

Heat 48				
Group 1		A Final		
		Dist 800m		
No.	Name	Club	Pos	Time
1	286 Charlotte Hayward	MOH	1	1.23.97
2	165 Steve Humber	MOH	2	1.25.31
3	1 Roy Walker	AYR	3	1.25.41
4	17 Alan Dobbie	FV	4	NTT